**Video loop**

 <video autoplay loop id="bgvid" poster="http://recover.rsmas.miami.edu/wp-content/themes/recover/assets/loops/fishloop.jpg">

<source src="http://recover.rsmas.miami.edu/wp-content/themes/recover/assets/loops/MahiLoop5.mp4" type="video/mp4">

</video>

**Recover Logo & underneath Phrase of logo on top of video loop**

<div class="intro">

 <div class="row">

 <div class="small-12 columns text-center hero-logo">

 <img src="http://recover.rsmas.miami.edu/wp-content/themes/recover/assets/logos/dr\_r\_logo-white.svg" alt="Recover Logo">

 </div>

 <div class="row">

 <p class="text-center small-12 medium-8 medium-centered columns">A research team dedicated to further the understanding of oil induced effects on fish and the potential for recovery </p>

 </div>

 </div>

 </div>

**Navigation menu**

**Central blue bar**

<!-- Navigation -->

 <div class="contain-to-grid sticky main-nav">

 <nav class="top-bar" data-topbar >

 <ul class="title-area">

 <li class="name">

 <h1><a class="logo show-for-small-only" href="#"><img src="http://recover.rsmas.miami.edu/wp-content/themes/recover/assets/logos/menu-logo.svg" class="menu-logo-small menu-logo animated hiddenv"/></a></h1>

 </li>

 <li class="toggle-topbar menu-icon"><a href="#"><span>Menu</span></a></li>

 </ul>

 <section class="top-bar-section">

 <div class="logo-wrapper hide-for-small-only">

 <div class="logo">

 <a href="/"><img src="http://recover.rsmas.miami.edu/wp-content/themes/recover/assets/logos/menu-logo.svg" alt="Recover Logo" class="menu-logo-big menu-logo animated hiddenv menu-logo-mobile">

 </a>

 </div>

 </div>

</section>

 </nav>

 </div><!-- /navigation -->

**First three words in menu bar**

<!-- Left Nav Section -->

 <ul class="left">

 <li><a href="/#education" class="education">EDUCATION</a></li>

 <li><a href="/team/">TEAM</a></li>

 <li class="has-dropdown"><a href="/#research" class="research">RESEARCH</a>

 <ul class="dropdown">

 <li><a href="/mahi-mahi/">MAHI-MAHI</a></li>

 <li><a href="/red-drum/">RED DRUM</a></li>

 <li><a href="/publications">PUBLICATIONS</a></li>

 <li><a href="/conference-presentations">CONFERENCES</a></li>

 </ul>

 </li>

 </ul>

**Last three words in menu bar**

<!-- Right Nav Section -->

 <ul class="right">

 <li><a href="/media">MEDIA</a></li>

 <li><a href="/news/">NEWS</a></li>

 <li><a href="/connect">CONNECT</a></li>

 <li><a href="#" class="top-bar-green" data-reveal-id="searchModal"><i class="fa fa-search"></i></a>

 <div id="searchModal" class="reveal-modal" data-reveal aria-labelledby="modalTitle" aria-hidden="true" role="dialog">

 <h4 class="signup-header search-header">Search</h4>

 <p>

 </p>

 <form role="search" method="get" class="search-form" action="http://recover.rsmas.miami.edu/">

 <div class="row">

 <div class="large-12 columns">

 <div class="row collapse">

 <div class="small-10 columns">

 <input type="search" class="search-field" placeholder="Enter search term ..." value="" name="s" title="Search for:" />

 </div>

 <div class="small-2 columns">

 <input type="submit" class="success button postfix small-buttons-mobile" value="Search" />

 </div>

 </div>

 </div>

 </div>

 </form>

 <a class="close-reveal-modal" aria-label="Close">&#215;</a>

 </div>

 </li>

 </ul>